

SW Welfare – Western Europe Retreat Draft Programme

Monday, March 4th

Morning – Arrival

12.00 Meeting in the hotel Meeting lobby - Holiday Inn Express Swiss Cottage

Lunch

13.15 Presentations of participants organisations and challenges (15' each)

Group Discussion:

What do we have in common?

What is different?

16.15 Break

16.45 **“The challenges and opportunities of an ageing population”**

Session by Dr **George Leeson**

Population ageing is regarded all too often only as an issue of more and more older people draining pension funds and putting unmanageable pressure on health and social care systems. Of course, population ageing is so much more than that. It is about the contribution of older people to our families, communities, workplaces and societies and it is also about the challenges arising from low levels of childbearing. How will we as individuals plan for such long lives? Will our concepts of old age be redefined? How will families address the survival of these extreme aged generations delaying intergenerational succession and depending on smaller families for support in frail and dependent old age? How will technologies enable us to age healthily and actively? Will robots solve the health and social care challenge?

19.30 Departure for dinner

19.45 Dinner at “Head Room”, JAMI

Return to the hotel

Tuesday, March 5th

8.30 Departure for the Betty and Asher Loftus Centre, Jewish Care

9.00 Welcome and introduction to Lady Sarah Cohen & Asher Loftus Center

Dementia care, Nursing care and Short term stay subject to availability

Care home for older people and people living with dementia.

Located in Friern Barnet, Lady Sarah Cohen House forms part of a larger campus that is the Betty and Asher Loftus Centre. Residents across the Centre share access to the Sam Beckman Dementia Day Centre and other amenities such as a café and shop.

At Lady Sarah Cohen House, there is a daily programme of entertaining and meaningful activities that allow residents to keep entertained and engaged; all of which have been carefully planned by the dedicated Jewish Care Living Well team to ensure they are accessible for all abilities. Each one of the three floors of the care home has its own Care Manager and dedicated staff to meet the unique needs of every resident, coming together as a vibrant community. Members of the local Jewish community and volunteers often join residents in participating in festivals and other activities to bring the community together. Regular synagogue services are held on-site, and residents are supported in participating in celebrating Shabbat and other Jewish festivals. Members of the local Jewish community and volunteers often join Shul services along with residents from across the Betty and Asher Loftus Centre. The home also offers a Namaste relaxation room and a relative's room for those who require necessary overnight accommodation.

10.00 Presentation from the Sam Beckman Dementia Center, Jewish care

11.00 Building partnerships for the next three years
How can we collaborate with each other?

12.45 Lunch

13.45 End of retreat



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